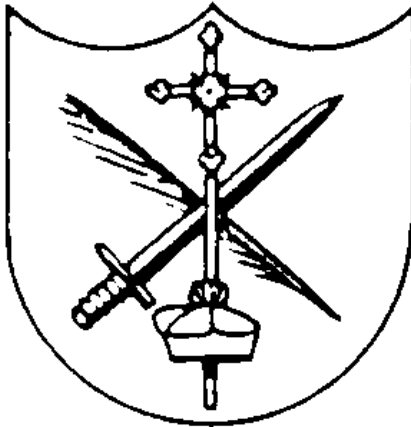


**St. Alban's Episcopal Church
Welcomes You!**

Epiphany 4

**Holy Eucharist
and Annual Meeting**



**January 28, 2024
9:30 a.m.**

Prelude: Prelude in C, BWV 846 Johann Sebastian Bach (1685-1750)

Opening Hymn 371: Thou, Whose Almighty Word *Moscow*

- 1 Thou, whose almighty word chaos and darkness heard,
and took their flight;
hear us, we humbly pray, and, where the Gospel day
sheds not its glorious ray, let there be light!**
- 2 Thou who didst come to bring on thy redeeming wing
healing and sight,
health to the sick in mind, sight to the inly blind,
now to all humankind, let there be light!**
- 3 Spirit of truth and love, lifegiving holy Dove,
speed forth thy flight!
Move on the waters' face bearing the gifts of grace,
and, in earth's darkest place, let there be light!**
- 4 Holy and blessed Three, glorious Trinity,
wisdom, love, might;
boundless as ocean's tide, rolling in fullest pride,
through the world far and wide, let there be light!**

Celebrant (+) Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

Collect for Purity: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Praise Hymn 486, vv.1, 3: Hosanna to the Living Lord! *Hosanna*

- 1. Hosanna to the living Lord! Hosanna to the incarnate Word!
To Christ, Creator, Savior, King, let earth, let heaven, hosanna sing!
Hosanna, Lord! Hosanna in the highest!**

**3. O Savior, with protecting care, abide in this thy house of prayer,
where we assembled in thy Name, in faith, thy parting promise claim.
Hosanna, Lord! Hosanna in the highest!**

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Collect of the Day: Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from the Book of Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die."

Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die." The Word of the Lord.

People **Thanks be to God.**

Psalm 111 (People read after the asterisk)

1 Hallelujah! I will give thanks to the Lord with my whole heart, *
in the assembly of the upright, in the congregation.

- 2 Great are the deeds of the Lord! *
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the Lord is gracious and full of compassion.
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.
- 8 They stand fast for ever and ever, *
because they are done in truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for ever; *
holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of wisdom; *
**those who act accordingly have a good understanding;
his praise endures for ever.**

A Reading from Paul's First Letter to the Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by God. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords - yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. The Word of the Lord.

People Thanks be to God.

Hymn 567: Thine Arm, O Lord, In Days of Old

St. Matthew

- 1 Thine arm, O Lord, in days of old was strong to heal and save;
it triumphed o'er disease and death, o'er darkness and the grave.
To thee they went, the blind, the deaf, the palsied, and the lame,
the leper set apart and shunned, the sick with fevered frame.**
- 2 And lo! thy touch brought life and health,
gave hearing, strength, and sight;
and youth renewed and frenzy calmed owned thee, the Lord of light:
and now, O Lord, be near to bless, almighty as of yore,
in crowded street, by restless couch, as by Gennesaret's shore.**
- 3 Be thou our great deliverer still, thou Lord of life and death;
restore and quicken, soothe and bless, with thine almighty breath:
to hands that work and eyes that see, give wisdom's heavenly lore,
that whole and sick, and weak and strong, may praise thee evermore.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark

People Glory to you, Lord Christ.

Mark 1:21-28

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee. The Gospel of the Lord.

People Praise to you, Lord Christ.

Rector’s Address The Rev. Julie E. Calhoun-Bryant

Recognition of Parish Leaders for Their Service in 2023

Margo Kowalczyk: Out-going Warden Emerita

Gelene Lewis: Out-going Senior Warden, retiring as Altar Guild Member, Reader, and Greeter; continuing as Warden Emerita

Gina Odell: Out-going Vestry Member of 3 years, incoming Jr. Warden

Bobbi Lombardo: Out-going Vestry Member of 1 year and continuing Altar Guild Chair, incoming Vestry Member

Mary “Kiki” White: Incoming Sr. Warden and Congregational Life Chair

David Houston: Continuing Vestry Member and Communications Chair

Steve Pekich: Continuing Vestry Member and Property Chair

Fred Wilson: Continuing Vestry Member and Finance Secretary

Kathleen Eckermann: Treasurer

Jan Bookhout and Grace Joseph: Ukraine Fundraiser Co-Chairs

The Nicene Creed: A Statement of Christian Faith (All)

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the (+) resurrection of the dead,

and the life of the world to come. Amen.

The Prayers of the People and The Confession

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of natural disasters, hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, DeDe our Bishop, Julie our Priest; and
for all bishops and other ministers;
For all who serve God in the Church.

For the special needs and concerns of this congregation. I ask your prayers for
the sick, especially Michael Curry, Kathleen Eckermann, Bert Bookhout, Kiki
White, Sue Grosso, David, Meg, and Stuart Houston; Chris Calhoun-Bryant,
Shelby Calhoun, Anthony Necerato, Charmae, Shannon, Jim Bell, Allen
McMinn, Lucy Howton, Seth Hamm, Preston Hill, Dirk Deleeuw, Huldah
Joseph, Jeff K., Gwendolyn Sterling, Shirley Kozicki, Rachel Bryant, and
those you name before God. (pause)

I ask your prayers for all who are isolated due to illness or infirmity.
Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life, especially for Mother
Julie's return to health. We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, especially Richard Askeland, Karen Alezelek,
and those that you name before God (pause) that they may have a place in
your eternal kingdom. Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins, known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name; through Jesus Christ our Lord.
Amen.**

Celebrant Almighty God have mercy on you, (+) forgive you all your sins
through our Lord Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.

Celebrant The peace of the Lord be always with you.
People And also with you.

Announcements

Opening of the Annual Meeting of St. Alban's Episcopal Church Syracuse, New York

Opening Prayer

Almighty and everliving God, source of all wisdom and understanding, be present with those who take counsel at the Annual Meeting of St. Alban's Episcopal Church, for our renewal and mission. Teach us in all things to seek first your honor and glory. Guide us to perceive what is right, and grant us both the courage to pursue it and the grace to accomplish it; through Jesus Christ our Lord. **Amen.**

Procedural Matters

- * Appoint Clerk of the Annual Meeting
- * Reading of Last Year's Annual Meeting Minutes
- * Qualification of Voters

Nominations

- * Warden, 1 person for 3 year term: Gina Odell
- * Vestry Member, 2 people for 3 year terms: Barbara Lombardo
Wendy Wickenden

Opening of the Polls

* Motion to Cast a Single Transferable Ballot

HOLY COMMUNION

The Offertory Sentence

Offertory Anthem: The Divine Ship

Ernst Bacon (1898-1990)

Doxology: 380, v.3

Old 100th

**Praise God from whom all blessings flow.
Praise him all creatures here below.
Praise him above ye heavenly host.
Praise Father, Son, and Holy Ghost. Amen.**

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

S124 Holy, holy, holy Lord

David Hurd

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people in the pews may stand or kneel.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father:

**All We remember his death,
 We proclaim his resurrection,
 We await his coming in glory.**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. (+)
Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Alban and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the head of the Church and the author of our salvation.

By him, and with him, and in him, in unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name.

Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Fraction

Fraction Anthem: S154

David Hurd

Alleluia, alleluia, alleluia.

Christ our Passover is sacrificed for us.

Therefore let us keep the feast.

Alleluia, alleluia, alleluia.

Celebrant The Gifts of God, for the people of God.

Spiritual Communion for Those at Home

Dear People of God, the Church teaches that, if anyone desires to receive the Sacrament, but is unable to eat and drink the Bread and wine, all the benefits of Communion are received, even though the Sacrament is not received with the mouth. I invite you therefore, to make an act of Spiritual Communion, by saying with us the following prayer.

**My Jesus, I believe that you are truly present
in the Blessed Sacrament of the Altar.
I love you above all things, and long for you in my soul.
Since I cannot now receive you sacramentally,
come spiritually into my heart.
As though you have already come, I embrace you and unite myself
entirely to you; never permit me to be separated from you. Amen.**

*Those present in the pews now receive communion.
All baptized people are welcome to receive the sacrament.*

*If you don't wish Mother Julie to dip the wafer
in the wine tell her, "No wine".*

Communion Anthem: Ave Maria, Op. 100, No. 19

Friedrich Burgmuller (1806-1874)

Celebrant Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace, and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you like a mother. Go in peace to follow the good road and may God's blessing be with you always. (Saint Clare) And the blessing of God Almighty, (+) Father, Son and Holy Spirit, be with you now and evermore. **Amen.**

Closing Hymn 435: At the Name of Jesus

King's Weston

- 1 At the Name of Jesus every knee shall bow,
every tongue confess him King of glory now;
'tis the Father's pleasure we should call him Lord,
who from the beginning was the mighty Word.**
- 2 Humbled for a season, to receive a Name
from the lips of sinners, unto whom he came,
faithfully he bore it spotless to the last,
brought it back victorious, when from death he passed;**
- 3 Bore it up triumphant, with its human light,
through all ranks of creatures, to the central height,
to the throne of Godhead, to the Father's breast;
filled it with the glory of that perfect rest.**
- 4 Name him, Christians, name him, with love strong as death,
name with awe and wonder and with bated breath;
he is God the Savior, he is Christ the Lord,
ever to be worshiped, trusted, and adored.**
- 5 In your hearts enthrone him; there let him subdue
all that is not holy, all that is not true;
crown him as your Captain in temptation's hour;
let his will enfold you in its light and power.**

**6 Christians, this Lord Jesus shall return again,
with his Father's glory, o'er the earth to reign;
for all wreaths of empire meet upon his brow,
and our hearts confess him King of glory now.**

Please be seated.

Reports

Property Report: Steve Pekich, Chair

Treasurer's Report: Prepared by Kathleen Eckermann, Treasurer.

Celebrant Let us go forth in the Name of Jesus Christ.
People Thanks be to God.

*The Sanctuary Candle is given to the Glory of God
and in loving memory of Richard Askeland and Karen Alezelek,
by Phoebe Swope-Askeland.*



Today's Service Leaders

Greeter: Jim Kowalczyk
Crucifer: Russell Calhoun
Server: Margo Kowalczyk
Chalice: Gina Odell

First Reader: Gelene Lewis
Second Reader: Steve Pekich
Prayers: Art Pichette



Welcome Guest Organist Robbie Padilla!



Lesson Teacher, Robbie Padilla Music Studio
Board President, Civic Morning Musicals

ST. ALBAN'S EPISCOPAL CHURCH

1308 Meadowbrook Drive, Syracuse NY 13224-1718
(315) 446-3490 stalbansyracuse.org Find us on Facebook

The Rev. Julie E. Calhoun-Bryant, Rector
Lisa Wojtaszek, Parish Secretary
Cynthia Bromka-Skafidas Organist

julieatalban@gmail.com
stalbans.syr@gmail.com
cbskafidas@gmail.com

Wardens: Gelene Lewis and Mary "Kiki" White; Margo Kowalczyk, Emerita

Secretary's Office Hours

Tuesday and Thursday, 9:00 a.m. - 2:00 p.m.