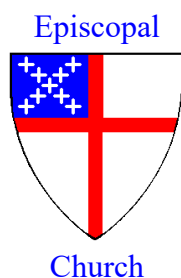


St. Alban's Episcopal Church  
1308 Meadowbrook Drive  
Syracuse, NY 13224-1718  
Website: stalbansyracuse.org  
Church email: stalbans.syr@gmail.com

The Rev. Julie E. Calhoun-Bryant, Rector  
Email: julieatalban@gmail.com  
Cell: 315-416-7133



Emmanuel Episcopal Church  
400 W. Yates Street  
East Syracuse, NY 13057  
Find the Sunday Service on Facebook  
facebook.com/emmanueleastsyracuse  
Email: emmanuel13057@gmail.com

The Rev. Julie E. Calhoun-Bryant,  
Priest-in-Charge

April 19, 2022

Dear Friends,

The Collect of the Day for Easter begins: Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with JOY - Do you? Celebrate with JOY? The day of Jesus' resurrection is an occasion for great JOY. The women and the disciples move from fear to sorrow to confusion, until they see their risen Lord. Then, and only then, comes the JOY. He is risen! Christ is alive! Death is defeated and God reigns victorious.

Jesus offers us a life lived above our circumstances - a life where our spirit is free to soar, no matter what life hands us.

The art of JOYful Christian living is straight forward:

- 1) Give God thanks and praise at all times and in all circumstances.  
2) Trust Jesus to take care of you and those you love.  
3) Keep the lines of communication open by turning to God through prayer.
- 1) Give God thanks and praise at all times and in all circumstances.  
God loves you completely and unconditionally right now, as you are.  
You are forgiven.  
You are God's precious child, whom Jesus rescued from the power of death.
- 2) Trust God to take care of you and those you love.  
Lay down your burdens, your worries, and fears, at the foot of the cross & leave them there.  
Don't take them back. When you find yourself fretting, say, "Thank you God for keeping me and those I love in your precious care. I trust you to do what's best for us."
- 3) Keep the lines of communication open by turning to God through prayer.  
Begin each new day greeting our Risen Lord Jesus Christ.  
Check in with Jesus throughout the day. Talk to Him often.  
Name your blessings and thank Him.

The forty days of Lent are given to prepare our hearts and minds for the events of Good Friday and Easter. Now we have the fifty days of Easter to prepare our hearts and minds to live joyfully by trusting in the God's power, love, and mercy. Use them well!

Happy 3rd Day of Easter,  
Mother Julie+

### **Saturday at Emmanuel**

**4:15 p.m.  
Annual Meeting  
and Refreshments**

Worship & Technology  
Vestry News  
Vote to Reduce Vestry Size  
Hot Dogs in the Kingdom on  
4th Thursdays, May-September

**5:00 p.m.  
Holy Eucharist**

### **Sunday at St. Alban's**

9:00 a.m.  
Candidates meet with the Bishop

9:30 a.m.  
Confirmation and Holy Eucharist

10:30 a.m.  
Festive Coffee Hour and  
Time with the Bishop

11:00 a.m.  
Vestry meets with the Bishop



**Did you reveal your identity to your Lenten Friend?!**

### **To the Homebound Members of Emmanuel and St. Alban's**

This week I am working on preparing for the Annual Meeting at Emmanuel and Bishop's visit for Confirmation at St. Alban's. Next week I am on vacation to get things unpacked and settled in the new house and to catch my breath after COVID, Holy Week, and Easter. When I return May 3 home visits will be my priority.

- Mother Julie+

### **Thursday Evenings on Zoom - Lenten Book Study**

6:00 p.m. Gather and share dinner from your home  
6:30 p.m. Book Study: Jesus, by Marcus Borg

**Zoom Codes: 861 7759 3272 and 295096**

**In Person Schedule: All are welcome!**

Saturday	Emmanuel	Annual Meeting: 4:15 p.m. Worship: 5:00 p.m.
Sunday	St. Alban's	*Worship: 9:30 a.m. Coffee Hour: 10:30 a.m.
Wednesday	Emmanuel	*Bible Study: 2:00 p.m.

\* Also on Zoom

**Please Note:** As long as Onondaga is "high"  
on the CDC county map masks are required at both churches.

\*\*\*\*\*

**Zoom Schedule & Codes**

**Sunday**

9:30 a.m. St. Alban's Holy Eucharist: **826 9515 6305 & 446765**

**Use your telephone for Zoom**

Dial **1-646-558-8656**

When prompted Enter

When prompted Enter

When prompted Enter

That will put you in Zoom's waiting room.

**Sunday at 9:30 a.m.**

**826 9515 6305#**

#

**446765#**

**Other Events**

First number#

Second number#

**Tuesday**

10:00 a.m. Morning Prayer: **824 6993 1403 & 680299**

**Wednesday**

2:00 p.m. Bible Study: **840 0349 8213 & 586548**

**Thursday**

6:00 p.m. Eat and Chat: **861 7759 3272  
and 295096**

6:30 p.m. Book Study

