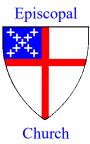
St. Alban's Episcopal Church 1308 Meadowbrook Drive Syracuse, NY 13224-1718 Website: stalbansyracuse.org

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The Rev. Julie E. Calhoun-Bryant, Rector

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Emmanuel Episcopal Church 400 W. Yates Street East Syracuse, NY 13057 Find the Sunday Service on Facebook facebook.com/emmanueleastsyracuse Email: emmanuel13057@gmail.com

The Rev. Julie E. Calhoun-Bryant, Priest-in-Charge

August 9, 2022

Dear Friends,

This week I want to write about remembering. There are many layers to remembering. There's memory at the surface level: Did I remember to grab that item off the kitchen table before I left the house. On a bit deeper level there's things like remembering to buy and mail something for a birthday, to add food pantry items to the grocery list, or to do that task at work that needs to get done. (I keep a list of tasks to do on my desk at work so I don't forget.) As important as it is to remember such things, it's not the sort of remembering that I want to discuss. What I'm interested in are those things that lie deep in our retrievable memory and mold who we are.

What do you choose to hold in your memory? What memories do you choose to let go of by not dwelling on them? What memories do you have, either for good or for ill, of your parents and other influential people in your life? What memories of them inspire you? What memories instill fear or worse? They can help determine whether you're a person who forgives easily or tends to hold a grudge, or if you're a person who is prone to kindness or who doesn't respond to the needs of others.

The same goes for our memories about God - How God has been talked about, or not talked about at all; your personal experience of God or lack thereof. Do you worship a God of love or a God of wrath and judgment? Which is the true nature of our God?

If you attended one of the three Morning Prayer or Evening Prayer services in July you heard the following Collect:

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. Amen.

And there's the following collect for daily use in Morning or Evening Prayer:

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

Living out one's faith is about remembering - remembering who God is, what God has done for us, and that God unfailingly watches over us 24/7. We remember weekly as a community of faith and daily as Christian persons. Growing in faith involves remembering more and more in our daily lives that God is with us. Faithful Christians learn to remember, and so are molded by nurturing those memories of what God has done for us.

What has God done for us? One of the most meaningful summaries I've found is in the prayer I say at the altar as I'm consecrating the bread and wine. Here it is broken into segments:

Holy and gracious Father: In your infinite love you made us for yourself,

and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son,

to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

God loves us and continually is working on our behalf. Now that's worth remembering!

God Be With You, Mother Julie+

Summer Food Drive for InterFaith Works 20+ Food Pantries



Pasta
Canned Fruits
Peanut Butter
Jelly
Dried or Canned Beans
Canned Vegetables
Canned Soup
Boxed Macaroni &
Cheese

Canned Tuna or Chicken
Vegetable Oil
Oatmeal
Cereal
Walnuts/Almonds
Juice
Flour
Rice
Shelf Stable Milk

If you are unable to shop for food pantry donations and would like to help you can make out a check to the church and put "Food Pantry" on the memo line. Mother Julie or a volunteer will shop for you. Keep the food coming; you're doing great!

Dinner at the Olive Garden

Emmanuel: Saturday, August 13 after the service

St. Alban's: Sunday, August 21 after coffee hour

Let Mother Julie know if you can come. She will phone ahead with the number of people attending.



Thursday Evening Schedule in August and September: All are Welcome!

1st Thursdays: Eat & Chat on Zoom at 6:00 p.m., Book Study on Zoom at 6:30 p.m.

2nd Thursdays: St. Alban's: Dinner at 6:00 p.m.

Healing and Holy Eucharist (service also on Zoom) at 7:00 p.m.

3rd Thursdays: Eat & Chat on Zoom at 6:00 p.m., Book Study on Zoom at 6:30 p.m.

4th Thursdays: Hot Dogs in the Kingdom at Emmanuel, 5:00-7:00 p.m.

In Person Schedule: Both Parishes & Friends are welcome!

Saturday Emmanuel Coffee Hour: 4:15 p.m.

Worship: 5:00 p.m.

Sunday St. Alban's *Bible Study: 8:30 a.m.

*Worship: 9:30 a.m. Coffee Hour: 10:30 a.m.

Wednesday Emmanuel *Bible Study: 2:00 p.m. (repeated on Sunday)

Thursday St. Alban's Dinner: 6:00 p.m. (\$5)

Zoom Schedule & Codes

Sunday

8:30 a.m. Bible Study: **835 9000 0245 & 562087**

9:30 a.m. St. Alban's Holy Eucharist: **826 9515 6305 & 446765**

<u>Use your telephone for Zoom</u> <u>Sunday at 9:30 a.m.</u> <u>Other Events</u>

Dial **1-646-558-8656**

When prompted Enter **826** 9515 6305# First number#

When prompted Enter #

When prompted Enter 446765# Second number#

That will put you in Zoom's waiting room.

Tuesday

10:00 a.m. Morning Prayer: **824 6993 1403 & 680299**

Wednesday

2:00 p.m. Bible Study: **840 0349 8213 & 586548**



St. Alban's August 16 at 6:00 p.m. on Zoom

Mother Julie's Schedule August 10-16

Emmanuel St. Alban's Days Off
Saturday Sunday Monday
Wednesday: 10 a.m. - 5:00 p.m. Tuesday: 9:30 a.m. - 7:30 p.m. Friday

Thursday: 12:00 - 8:00 p.m.