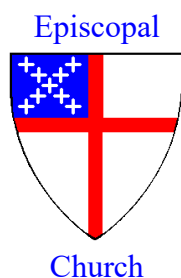


St. Alban's Episcopal Church
1308 Meadowbrook Drive
Syracuse, NY 13224-1718
Website: stalbansyracuse.org
Church email: stalbans.syr@gmail.com

The Rev. Julie E. Calhoun-Bryant, Rector
Email: julieatalban@gmail.com
Cell: 315-416-7133



Emmanuel Episcopal Church
400 W. Yates Street
East Syracuse, NY 13057
Find the Sunday Service on Facebook
facebook.com/emmanueleastsyracuse
Email: emmanuel13057@gmail.com

The Rev. Julie E. Calhoun-Bryant,
Priest-in-Charge

December 6, 2022

Dear Friends,

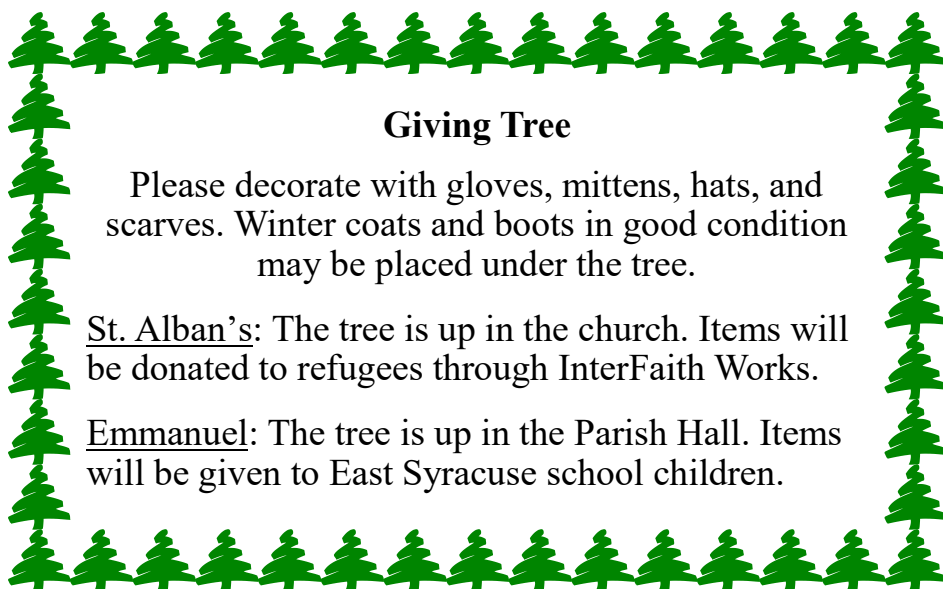
First, I want to thank Kate Bell and Steve Pekich for leading worship services for me last weekend when I was home sick. I would much rather have been in church with you! I dislike having limitations, as we all do. Some limits are forced upon us, such as when we are ill, some we set for ourselves, such as setting Monday and Friday as my days off. That got me to thinking about what limits God has set on humankind.

God designed us to live in the present. We are not permitted to know the future. Most of the time I am grateful for this. We can't dread things that will happen down the road if we don't know about them. Human existence is within the limits of time. We are meant to live in the present, to live one day at a time. I truly learned this lesson when my younger son was in elementary school. He developed migraine headaches at the age of 8. The kicker was that they began while he was asleep, so we couldn't head them off. That meant that I didn't know what the day would bring until he woke up. Talk about living one day at a time! It's a lesson I strive to remember each morning.

God gives us the resources we need for each day. For example, my grandmother worked on the underground against the Nazis in Czechoslovakia at great personal risk. On the underground she was known as 7. No one knew each others' names so that they couldn't be revealed under torture. (She was never arrested.) My mother and I often wondered if we would have had the courage to do what my grandmother Julie did. One day I finally realized that I didn't have such courage right now because I didn't need to have it. If a situation presented itself where courage was needed God would provide the courage - if I asked. Now, each morning I review the coming day with God and ask for what I need for the day. I find it helpful to ask God to make me equal to the day. As I hold many of you in prayer each morning I ask for God to equip you for today's needs. Tomorrow I will ask this of God again.

Each day we live in the present moment only. We also live in God's presence. Jesus was keenly aware of this. He and his family lived the day to day existence of first century Jewish peasants. One of the most outlandish examples of living that particular day in God's presence was the feeding of the 5000. His disciples advised him to wrap up his teaching and send the people on their way so that they would have enough time to get home for dinner or to find something to eat. Instead Jesus said, "You give them something to eat." He then fed the people with bread and fish until they were satisfied. I wonder how often those peasants ate until they were satisfied. This was a miracle of abundance, yes. It was also a miracle of kindness. In that moment they knew the power of God, had more than enough to eat, and would bring that memory with them into all their tomorrows. May you bring memories of God's abundant love into all your tomorrows.

Wishing you a blessed Advent,
Mother Julie+



Giving Tree

Please decorate with gloves, mittens, hats, and scarves. Winter coats and boots in good condition may be placed under the tree.

St. Alban's: The tree is up in the church. Items will be donated to refugees through InterFaith Works.

Emmanuel: The tree is up in the Parish Hall. Items will be given to East Syracuse school children.

Attention!

Emmanuel's Christmas Eve service has moved from 5:00 p.m. to 4:30 p.m. to accommodate the organist's two church schedule.

St. Alban's
12/24 at 8:00 p.m.
12/25 at 10:00 a.m.



Emmanuel's Christmas Movie and Pizza is after church on December 17.

Movie will be chosen on Saturday, December 10. Bring \$5 for pizza.

St. Alban's Christmas Brunch is Sunday, December 18

Please sign up to bring something to the party!



Please get in your Christmas flower memorials & thanksgivings!



New Year's Eve at Emmanuel St. Alban's Members are Invited to Attend

5:00 p.m. Holy Eucharist

6:00 p.m. Potluck Dinner, with a video of the 75th Anniversary
Radio City Music Hall Christmas program



**Both churches Altar Guilds meet
at 10:00 a.m. on Saturday, December 10.**

In Person Schedule: Both Parishes & Friends are Welcome!

Wednesday	Emmanuel	*Bible Study: 2:00 p.m.	
Saturday	Emmanuel	Coffee Hour: 4:15 p.m. *Worship: 5:00 p.m.	
Sunday	St. Alban's	*Bible Study: 8:30 a.m. *Worship: 9:30 a.m. Coffee Hour: 10:30 a.m.	* also on Zoom

Zoom Schedule & Codes: December 9-15

Tuesday Morning Prayer: **817 4372 7305 & 891158**
10:00 a.m.

Wednesday Bible Study: **840 0349 8213 & 586548**
2:00 p.m.

Thursday 6:00 p.m. Eat and Chat
7:00 p.m. Rule of Life Monthly Meeting

Saturday 5:00 p.m. Emmanuel's Holy Eucharist: **812 9701 3112 & 381729**

Sunday 8:30 a.m. Bible Study: **835 9000 0245 & 562087**
9:30 a.m. St. Alban's Holy Eucharist: **826 9515 6305 & 446765**

Use your telephone for Zoom

Dial **1-646-558-8656**

When prompted Enter

When prompted Enter

When prompted Enter

That will put you in Zoom's waiting room.

Sunday at 9:30 a.m.

826 9515 6305#

#

446765#

Other Events

First number#

Second number#

Mother Julie's Schedule December 9-15

<u>Saturday</u>	<u>Sunday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Monday & Friday</u>
Emmanuel	St. Alban's	St. Alban's	Emmanuel	St. Alban's	Days off
4:00-6:45 pm	8:15-11:15	9:45-5:45	10:00-5:00	12-8 pm	