

St. Alban's Episcopal Church
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Syracuse, NY 13224-1718
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Emmanuel Episcopal Church
400 W. Yates Street
East Syracuse, NY 13057
Find the Sunday Service on Facebook
facebook.com/emmanueleastsyracuse
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The Rev. Julie E. Calhoun-Bryant,
Priest-in-Charge

November 8, 2022

Dear Friends,

Every morning I sit down at the table with my bowl of cereal and read the daily devotion from Sarah Young's little book, Jesus Always. Last week I was reminded of a piece of advice that has been a big help in the past. Don't think "I have to" but rather "I get to!" Instead of "I have to prepare for Bible study" it becomes "I get to study Holy Scripture, something I have always found rich and rewarding." Instead of "I have to go to work" it's "I get to go to St. Alban's/Emmanuel!" Instead of "I have to pray" it's "I get to spend time with Jesus!" Joy is something that comes from within and the joy of the Lord is indeed our strength. There's a reason so many of our hymns that focus on the life of Christ contain words of joy.

Christmas

Joy to the world! the Lord is come: let earth receive her King.
O come, all ye faithful, joyful and triumphant.

Easter

That Easter day with joy was bright, the sun shone out with fairer light,
when, to their longing eyes restored, the apostles saw their risen Lord.
This joyful Eastertide, away with sin and sorrow! My Love, the Crucified,
hath sprung to life this morrow.
Good Christians all rejoice and sing! Now is the triumph of our King!
To all the world glad news we bring: Alleluia, alleluia, alleluia!

Pentecost

Hail this joyful day's return, hail the Pentecostal morn,
morn when our ascended Lord on his Church his Spirit poured.
Hail thee festival day! Blest day that art hallowed forever.

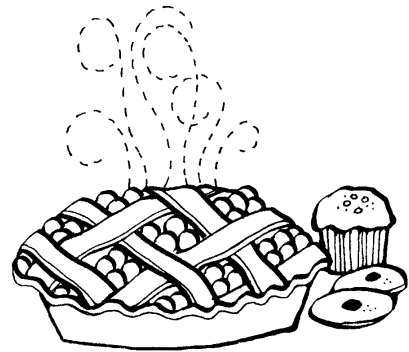
Joy is a choice. Some days it's an easy choice; some days it's much harder. We don't automatically react to joyful news with joy. If we are mourning, or depressed, or the news of joy doesn't directly affect us, we can stop ourselves from summoning a joyful response. Nonetheless, the Christian life is a joyful life because we can always give thanks that God the Son emptied himself of his divinity in order to share our humanity, and then took his divinity back up again. Resurrection joy is the last word for humanity because it is based in the power of God, and, as Jesus' resurrection definitively demonstrated, there is nothing more powerful than God Almighty. We are claimed as God's own. We walk in God's sight. We are loved with a perfect love, and there is nothing that can separate us from the love of God.

Rejoice!
Mother Julie+



November 19
10:00-3:00

&
Bake
Sale



This a fundraiser for the parish. There will be a bake sale and streamlined rummage sale. Ten tables also will be available to rent for \$20 if anyone wants to have their own sale. Set up is Wednesday, Nov. 16 at 10:30 a.m.

We are looking for the following items for the streamlined rummage sale. Items can be placed on the table in the downstairs hallway.

Toys & Games	Children's Clothing	Small household items in good condition
Puzzles	Jewelry	Winter Coats and accessories

Pledge Weekend is November 12 and 13

Pledges for 2023 will be blessed this weekend. Extra pledge forms will be available at the churches. Several people have asked, "What if I make a pledge and my circumstances change?" Pledges can be modified if there is a change in your circumstances. If your income decreases and you need to adjust your pledge downward just let Mother Julie or a Warden know. If your income increases you can give more than you pledged. Both parishes are now using principal from long term investments to meet the budget.



Thanksgiving Eve Services: November 23

There will be a Thanksgiving Holy Eucharist at 3:00 p.m. after Bible Study at Emmanuel and at St. Alban's at 5:30 p.m. This service is also on Zoom. The codes are:

842 4955 2597 & 123242

In Person Schedule: Both Parishes & Friends are welcome!

Wednesday	Emmanuel	*Bible Study: 2:00 p.m.	
Thursday Nov. 10	St. Alban's	*Second Thursday Dinner and Service of Healing & Holy Eucharist Dinner at 6:00 and Service at 7:00 p.m.	
Friday	Emmanuel	Diocesan Convention: Bishop's Address at 4:00 p.m.	
Saturday	St. Alban's	Diocesan Convention: 10:00 a.m. - 2:30 p.m.	
Saturday	Emmanuel	Coffee Hour: 4:15 p.m. *Worship: 5:00 p.m.	
Sunday	St. Alban's	*Bible Study: 8:30 a.m. *Worship: 9:30 a.m. Coffee Hour: 10:30 a.m.	* also on Zoom

Zoom Schedule & Codes

<u>Tuesday</u> 10:00 a.m.	Morning Prayer: 817 4372 7305 & 891158
<u>Wednesday</u> 2:00 p.m.	Bible Study: 840 0349 8213 & 586548
<u>Thursday</u> 7:00 p.m.	Healing and Holy Eucharist: 834 5429 4354 & 962777
<u>Saturday</u> 5:00 p.m.	Emmanuel's Holy Eucharist: 812 9701 3112 & 381729
<u>Sunday</u> 8:30 a.m.	Bible Study: 835 9000 0245 & 562087
9:30 a.m.	St. Alban's Holy Eucharist: 826 9515 6305 & 446765

<u>Use your telephone for Zoom</u>	<u>Sunday at 9:30 a.m.</u>	<u>Other Events</u>
Dial 1-646-558-8656		
When prompted Enter	826 9515 6305#	First number#
When prompted Enter	#	
When prompted Enter	446765#	Second number#
That will put you in Zoom's waiting room.		

Mother Julie's Schedule November 10-16

<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>		<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>
St. A	Emm.	St. A	Emm.	St. A	Off	St. A	Emm
5-8 p.m.	4-8 p.m.	10 a.m.	4 p.m.	8:15 a.m.		10-8	10-5