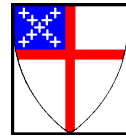
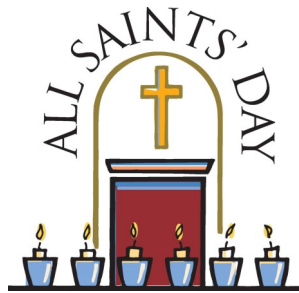


**St. Alban's Episcopal Church
Syracuse, New York**



November News & Inspiration



All Saints' Day is Monday, November 1

Spiritual Communion on Zoom at 5:30 p.m.
Codes: 817 2096 4039 and 993970

All Saints' Sunday is November 7

Mother Julie announces this year's Silent Saints
Festive Coffee Hour following the service
Re-Opening of St. Alban's Boutique

Please give names of those who have died since last All Saints' Day to
Mother Julie or Valerie if you would like them remembered in the prayers.



**hanks-
giving**

S E R V I C E

**Thanksgiving Eve
5:30 p.m.
In Person and on Zoom**

Martha's Kitchen is Cooking On

Saturday, Nov. 6 at 10:00 a.m.
Spaghetti Sauce & 36 Sandwiches

Tuesday, Nov. 16 at 1:00 p.m.
Vegetable Quiche & 36 Sandwiches

Help prepare quality food for the hungry!

Stewardship Sunday is November 14

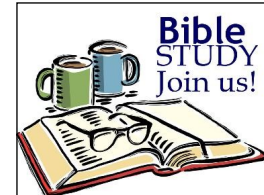
Please mail in or bring your signed pledge form to be blessed.

Thank you!

Sunday Mornings at St. Alban's

**8:30 a.m. Bible Study (no class Nov. 28)
Both In Person and on Zoom**

* Zoom Code and Password
835 9000 0245 and 562087



**9:30 a.m. Holy Communion In Person and
Spiritual Communion on Zoom**

* Zoom Code and Password
826 9515 6305 and 446765

Use your telephone for Zoom on Sunday & All Saints' Day, Nov. 1

Dial 1-646-558-8656
Enter 826 9515 6305#
Enter #
Enter 446765#

That will put you in Zoom's waiting room and I will let you in.

Same phone number
817 2096 4039#

993970#

**Tuesday
Abbreviated Morning Prayer
at 10:00 a.m. on Zoom**

**Zoom Code and Password:
868 3084 1089 and 114552**

Giving to St. Alban's

Send us a check or to give
online go to
[cnyepiscopal.org/
give-to-my-parish](http://cnyepiscopal.org/give-to-my-parish)

The service of Holy Eucharist,
is taped on Saturday at 11:30
and posted on our website.
You are welcome to attend!

Due to Diocesan Convention
the November 13 service will
be held on Veterans' Day,
November 11 at 5:30 p.m.

There will be no service on
Saturday, November 27. The
Thanksgiving Eve service will
be posted instead.

To view the service go to

stalbansyracuse.org
Click on Pics & Vids

Priestly Ponderings on Giving Thanks

The Thanksgiving prayer below is found on page 836 in The Book of Common Prayer. My thoughts on the prayer are the indented portions.

Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.

Every day should be Thanksgiving Day for God is so good! In my daily prayers I try to spend time in praise and adoration before launching into my prayer requests. Saying Morning Prayer first helps with this. The daily Bible readings remind me of our long history with the God of all creation and the loveliness of language in the service speaks to my heart. The love of God for us is indeed a mystery. It is so undeserved, and yet God's love for us is the constant on which we build the foundation of our lives. Unearned, it is given freely. Undeserved, it is given to us as a precious gift. It is right to give God thanks and praise.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.

This includes the blessing of our St. Alban's church family, whose loving care has seen many of us through some tough times.

We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.

My mom, in the unrelenting throes of dementia, still tells my dad that she needs to get a job. A psychiatric social worker in her professional days, and a Christian counselor and ombudsman in retirement, the impulse to serve God remains in her very being. What an example she is to me.

We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.

Falling flat on your face is a humbling experience, but it doesn't have to be humiliating. We are not gods. Remembering that our true worth comes from being God's much loved child leads us to dare to try something new without fear of failure.

Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom.

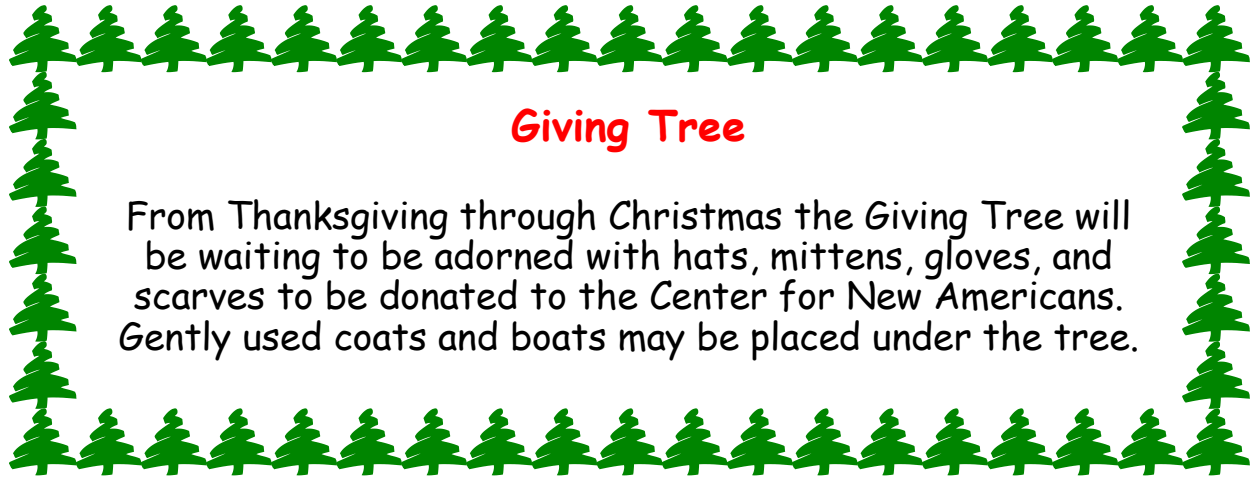
For God so loved the world that he gave his only begotten Son so that everyone who believes in him may not perish, but have everlasting life. Through Jesus God has claimed you and will love you forever. As the Prayer Book states in the Baptism service: You are sealed by the Holy Spirit in baptism and marked as Christ's own forever. Wow!

Grant us the gift of your Spirit, that we may know him and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.

Happy Thanksgiving Everyone,

Mother Julie+

**Helping Our Neighbors
(Martha's Kitchen schedule is on the front page.)**



Giving Tree

From Thanksgiving through Christmas the Giving Tree will be waiting to be adorned with hats, mittens, gloves, and scarves to be donated to the Center for New Americans. Gently used coats and boots may be placed under the tree.

New and Gently Used Bras

Women in Africa and Central and South America sell them. One bra can feed a family for a week!

We will add our bras to those collected at the Women's Opportunity Center. Please put donations in the metal box in the Fellowship Room by the fireplace.



**Valley Worship Center Food Pantry, 2929 Midland Ave.
Volunteers are needed on Thursday afternoons.**

We partner with Valley Worship Center by providing volunteers. The first Thursday of the month is the biggest and busiest, as it is the monthly fresh foods supply. Tables are full of fruits and vegetables, as well as eggs and dairy products.

2nd-5th Thursdays are smaller and less strenuous.

First Thursdays the larger Fresh Foods pantry is from 2:00-5:00 p.m.
All other Thursdays volunteers are needed from 12:00-2:00 p.m.



November 2 is Election Day

Get out and vote. It's your right and duty as an American citizen. Voting is a revolution... a peaceful one, where majority rules!!

While apathy and discontent can creep into even the best of societies, we believe that makes it even more important for us TO VOTE.

Veterans Day is November 11

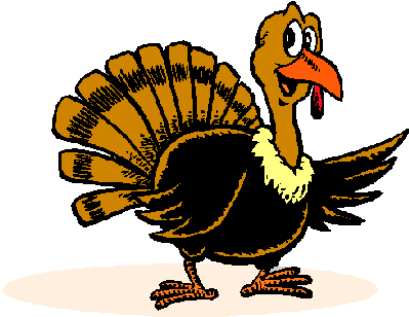
Veterans Day honors all members of the Armed Forces who served this country valiantly, and in a very big way. They served and fought to protect us, to keep our country safe, and to preserve our way of life. Veterans gave their time, and risked their lives for you and me. In some cases, they made the ultimate sacrifice.

Thank you to St. Alban's Veterans

Amy Donahue
James Donahue
William Houck, Jr.
Jim Kowalczyk
David Leader
Matthew Leader

Rob Lombardo
Denis (Skip) Visco
Dorothy White
Hamilton White
Andrew Wickenden





HAPPY THANKSGIVING

Tucked between the two commercialized holidays of Halloween and Christmas, Thanksgiving receives far less attention. But Thanksgiving is a very important holiday, especially in the busy lives of Americans. It's a time for us to give thanks to our God, for the things he has bestowed upon us and upon this great nation. There is no nation in the world that has more to be thankful for than us. It's also a time to kick back and relax with family and friends, watch a football game or go to a movie, and enjoy a huge feast.

Advent Season

Advent begins on November 28 and always includes the four Sundays before Christmas.

The Advent Wreath is a key symbol of the Advent season. The wreath is made of evergreen, either real or artificial. Its circular shape represents eternity, for it has no beginning and no end. The evergreen was chosen as it symbolizes growth and everlasting life.

There are four candles, three purple and one pink. They represent the four weeks of preparation. As another candle is lit each week we are reminded of the growing light of Christ's presence.

The meaning of the candles is as follows:

- First Purple candle: represents hope.
- Second Purple Candle: stands for love.
- Third, pink candle: represents joy.
- Fourth purple candle: is a symbol of peace.

Often a white Christ Candle sits in the middle of the wreath and is lit on Christmas Eve.

St. Alban's Leadership

Rector: The Rev. Julie E. Calhoun-Bryant

Wardens

Senior: Bert Bookhout
Junior: Margo Kowalczyk
Emerita: Emera Bridger Wilson

Vestry Members

Jan Bookhout
Meg Houston
Gelene Lewis
Gina Odell
Mary "Kiki" White
Fred Wilson
Kate Bell, Vestry Clerk

Parish Secretary

Valerie Warfield

Organist

Cynthia Bromka-Skafidas

Treasurer

Kathleen Eckermann

Financial Secretary

Fred Wilson

Sunday School Teacher

Shelby Calhoun

Ministry Team Leaders

Communications Team

David Houston

Congregational Life Team

Kiki White

Mission Team

Bobbi Lombardo
Dottie White

Property Team

Margo Kowalczyk
Don Keefe

Spiritual Life Team

Mother Julie
Music: Jan Bookhout



November Birthdays

11 Diana Votra
12 Allen Ditch
13 Andy White
29 Kathleen Eckermann
30 Bobbi Lombardo



Meets
Tuesday
Nov. 16,
at
7 p.m.
on Zoom

St. Alban's is

a Community founded in *Christ's Love*,
Joyfully seeking to live our faith,
reaching out to **ALL** God's people.

St. Alban's Episcopal Church

1308 Meadowbrook Drive
Syracuse, NY 13224-1718
315-446-3490

Website: stalbansyracuse.org

Facebook: Click the link on the website home page or go to St. Albans Church Syracuse.

Secretary's Office Hours:

Tuesday-Thursday: 9:00 a.m. - 1:00 p.m.
The office is closed on Monday and Friday.

Secretary's Email: stalbans.syr@gmail.com

Contacting Mother Julie

- Call the secretary during office hours.
- Email: julieatalban@gmail.com
- 315-416-7133 (cell)

Please don't leave urgent or time sensitive messages on the church answering machine.

NEW